

Lesson 13.3: HIV Transmission

HIV transmission is a source of concern for many people who want to protect their health. Understanding which bodily fluids can transmit HIV is important for knowing whether you are at risk for contracting the virus. Read the following scenarios and determine whether the person should be worried about HIV transmission. Explain your answer.

1. Heather's uncle has HIV/AIDS. After visiting, Heather's uncle kisses her good-bye on the cheek. Should Heather and her uncle be concerned about HIV transmission? Explain.
2. Bill knows that Harry, a person who works out at his gym, has HIV/AIDS. One day Bill uses exercise equipment that Harry has just used, and he notices the equipment is covered with Harry's sweat. Should Bill and Harry be concerned about HIV transmission? Explain.
3. Diane has a daughter named Isabelle. After Isabelle was born, Diane contracted HIV/AIDS. Diane thinks that breast-feeding is important, so she continues to breast-feed Isabelle after her diagnosis. Should Diane be concerned about HIV transmission? Explain.
4. Valerie and Hank have been friends for many years, and Valerie knows that Hank has HIV/AIDS. After going on a run together, Hank and Valerie share a water bottle to rehydrate themselves. Should Valerie and Hank be concerned about HIV transmission? Explain.
5. John has HIV/AIDS. Jill and John have sexual intercourse and do not use a condom or other protective method. Should Jill and John be concerned about HIV transmission? Explain.

